

# ESSENTIAL HEALTH BENEFITS

## How will benefits be ensured?

2023

### List of Essential Health Benefits—CA DHCS

#### Laboratory Services

Outpatient laboratory and X-ray services

Various advanced imaging procedures are covered based on medical necessity.

#### Preventive and Wellness Services and Chronic Disease Management

United States Preventive Services Task Force A & B recommended preventive services  
Advisory Committee for Immunization Practices recommended vaccines  
Health Resources and Service Administration's Bright Futures recommendations  
Preventive services for women recommended by The Institute of Medicine  
Family planning services  
Smoking cessation services  
Behavior health treatment for children under 21

#### Pediatric Services Including Oral and Vision Care

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a Medi-Cal benefit for individuals under the age of 21 who have full-scope Medi-Cal eligibility. EPSDT provides periodic screenings to determine health care needs and, in addition to the standard Medi-Cal benefits, a beneficiary under the age of 21 may receive extended services as medically necessary.

#### Other

##### Dental

Emergency dental services  
Dentures  
Dental implants and implant-retained prostheses  
Basic preventive, diagnostic, and repair services  
EPSDT and pregnant women receive extended dental benefits.

##### Vision

Routine eye exam once in 24 months  
Eyeglasses and contact lenses

#### Transportation Services

Medi-Cal offers transportation to and from appointments for services covered by Medi-Cal. This includes transportation to medical, dental, mental health, or substance use disorder appointments, and to pick up prescriptions and medical supplies.

##### Nonemergency Transportation Services:

Transportation by ambulance, litter van, or wheelchair van only when ordinary public or private conveyance is medically contra-indicated and transportation is required for a Medi-Cal benefit.

Nonmedical Transportation Services: Transportation by private or public vehicle for people who do not have another way to get to their appointment.

#### Long Term Services and Supports

Skilled Nursing Facility services (91+ days)  
Personal Care Services  
Self-Directed Personal Assistance Services  
Community First Choice Option  
Home and Community Based Services

Additionally, this is one of the mechanisms used by the left to usurp control of the clinical standards discussion. By using non-profits, associations, and “task forces” etc., the government is in control of, and setting the medical standards for all individuals in America. The “associations” in conjunction with the government decide what they want the standard to be, and then manipulate data to claim there is “data driven standards.” The government then adopts these “standards” in regulation or policy, thereby requiring health plans and through their contracts de facto physicians to use these standards for the populace. We will discuss this in greater detail later.